

COVID-19 (coronavirus)

IF YOU HAVE a cough, **OR** fever, **OR** shortness of breath
AND have been to any of these places in the last 14 days:

- China
- Thailand
- Japan
- Republic of Korea (South Korea)
- Hong Kong
- Taiwan
- Singapore
- Malaysia
- Macau

Or any of these places since 19 February 2020:

- All of Italy outside of the lockdown areas (including Sicily and Sardinia)
- Iran
- Laos
- Myanmar
- Cambodia
- Vietnam

Please make your way to your residence, contact your GP by phone, stay indoors and visit pha.site/coronavirus for advice. If you **DO NOT have any symptoms you do not need to take any action.**

If you have been to:

- Hubei province (including Wuhan), China in the past 14 days;
- or any of these specific areas since 19 February 2020:
- Iran
 - Specified towns in the Lombardy and Veneto regions in Northern Italy
 - Daegu or Cheongdo in South Korea

Please make your way to your residence, stay indoors and call the **NHS helpline on 111 for advice, **EVEN IF YOU DO NOT HAVE SYMPTOMS**. Visit pha.site/coronavirus for further information.**