



Enhance

Renew

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bourne end dental

TOP 10 WAYS WE CAN IMPROVE YOUR DENTAL APPEARANCE

- 1 If you think that your teeth are too dark or discoloured, we can lighten them by **whitening**. This is a simple treatment which can be carried out at home or in the surgery. It is pain free and can produce amazing results.
- 2 Unsightly or misshapen teeth can be disguised to make them blend in with your other teeth using **porcelain veneers**.
- 3 Do you have old crowns on your front teeth that do not match your other teeth? We can replace them with natural-looking, metal-free **cosmetic porcelain crowns**.
- 4 If you have old or stained fillings that are visible when you smile, we can make them almost invisible with tooth-coloured **composite restorations**.
- 5 Large, old silver fillings often become unsightly. We can replace them with tooth-coloured restorations – **white fillings or porcelain inlays/onlays**.
- 6 If you have missing teeth, the spaces can be filled with **bridgework or dental implants**.
- 7 Do you have a denture that looks or feels false? We can, in the majority of cases, produce natural-looking **cosmetic dentures** for an improved appearance and bite.
- 8 Are your teeth stained, or gums red and swollen? We can improve their appearance with **periodontal treatment and polishing**.
- 9 Are the tips of your teeth uneven? Often we can quickly, painlessly and without anaesthetic, **re-contour or level** the tips of your teeth to improve your smile.
- 10 If your teeth are crowded or out of line, we can refer you to the appropriate specialist who can provide you with **orthodontic treatment** to improve your smile.

Please ask any member of staff if you would like further details.

whenever you smile our reputation speaks

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TOP 10 WAYS WE CAN IMPROVE YOUR DENTAL HEALTH

- 1 Do your gums bleed when brushing? Do you get a bad taste in your mouth or around some teeth? Do your gums look red and swollen? Modern **periodontal treatment** will ensure trouble-free, healthy gums.
- 2 Do you feel apprehensive about your treatment? We can arrange for it to be undertaken with **sedation**.
- 3 Do your teeth keep breaking? We can strengthen them with **crowns**.
- 4 If you have missing teeth, certain problems may occur (other than the obvious one of spoiling your smile). There may be movement of the teeth nearby, which will affect your bite and then possibly your gum health. We can replace the missing teeth with **bridges or implant-supported crowns**.
- 5 Are you unhappy with your old, plastic denture? We can replace it with a **metal framework denture** that will be stronger, less bulky and much more comfortable to wear.
- 6 Tooth decay is painful and it can be expensive to repair the damage. Decrease the chance of decay with **preventive treatment**.
- 7 Are your teeth sensitive to cold? Consider **de-sensitising treatment**.
- 8 If you play a contact sport, we can supply a custom-made mouth **guard (gum shield)** to protect your teeth.
- 9 If you feel that your teeth do not meet together very well, we can improve the effectiveness of your bite with **occlusal equilibration**.
- 10 We can all suffer symptoms of stress. We can help to reduce headaches and tension pains around the jaws with delicate splints.

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